

# **Prenatal Diagnosis**

# **Patient Packet**

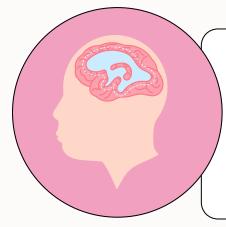


# Prenatal Diagnoses Table of Contents

Page	Торіс
3	What is Cerebrospinal Fluid (CSF)
4	Generic Form
5	Ventriculomegaly/Hydrocephalus
6	Agenesis of Corpus Callosum (ACC)
7	Colpocephaly

# CEREBROSPINAL FLUID (CSF)



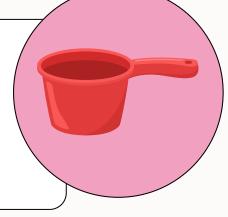


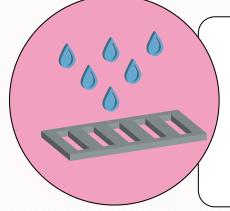
#### 01. WHAT IS IT

A clear liquid that surround the brain and spinal cord. It cushions the brain, protects it from injury, and helps move nutrients and waste in and out.

#### 02. HOW MUCH DO WE HAVE

You produce about 15-20 mL (1 Tablespoon) every hour. Over a whole day, that's about 500 mL (or 2 cups). However, at any one time, there's only about 150 mL (or 1/2 cup) around the brain and spinal cord.



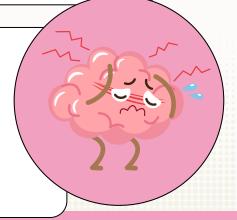


#### 03. WHERE DOES THE EXTRA GO?

Since your body only needs a set amount, the "extra" drains away through the brain's natural gutters (*arachnoid granulations*), which carry the fluid back into the bloodstream to keep everything in balance.

#### 04. WHY IS THIS IMPORANT

If too much CSF builds up or doesn't drain well, it can put pressure on the brain. This might show up as headaches, vomiting, sleepiness, irritability, a bulging soft spot, or a quickly growing head size. This would need treatment.





**Diagnosis:** 

**What This Means:** 

#### **After Birth, You Can Expect:**

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#### **Treatment Options**

- Observation
- Surgery

#### **Long Term Follow-up**

- Follow-up in outpatient neurosurgery clinic
- Ongoing monitoring and neurodevelopment support
- Outpatient neurology consult

#### Where to Deliver:

- Delivery at a hospital with a pediatric neurosurgeon is recommended
- Vaginal delivery is usually appropriate

#### **Resources:**

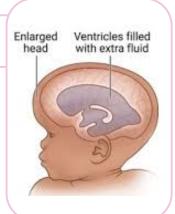
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**Diagnosis:** Ventriculomegaly/Hydrocephalus

#### **What This Means:**

The fluid-filled spaced in the brain (ventricles) are large. This can be a sign of high pressure in the brain (hydrocephalus)



#### **After Birth, You Can Expect:**

- Check your baby for signs of pressure in their head:
  - Head circumference & firmness of the soft spot (fontanelle)
- A scan of the head to check the size of the ventricles:
  - Head ultrasound vs. MRI

#### **Treatment Options**

- Observation
- Ventriculoperitoneal Shunt
- Endoscopic Third Ventriculostomy (ETV)

#### Long Term Follow-up

- Follow-up in outpatient neurosurgery clinic
- Ongoing monitoring and neurodevelopment support
- Outpatient neurology consult

#### Where to Deliver:

- Delivery at a hospital with a pediatric neurosurgeon is recommended if pressure appears high
- Vaginal delivery is usually appropriate

#### **Resources:**

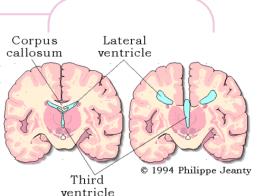
- Hydrocephalus Association: www.hydroassoc.org
- Hydrocephalus Clinical Research Network: www.HCRN.org



Diagnosis: Agenesis of Corpus Callosum

#### **What This Means:**

The corpus callosum is a band of nerve fibers connecting the 2 sides of the brain. This part is missing or small.



#### After Birth, You Can Expect:

- Check your baby for signs of pressure in their head:
  - Head circumference & firmness of the soft spot (fontanelle)
- A scan of the head to check the size of the ventricles:
  - Head ultrasound vs. MRI

#### **Treatment Options**

- Observation
- Surgery

#### Long Term Follow-up

- Follow-up in outpatient neurosurgery clinic
- Ongoing monitoring and neurodevelopment support
- Outpatient neurology consult

#### Where to Deliver:

- Delivery at a hospital with a pediatric neurosurgeon is recommended
- Vaginal delivery is usually appropriate

#### **Resources:**

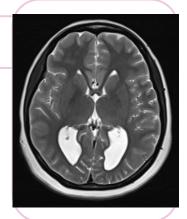
 Child Neurology Foundation: www.ChildNeurologyFoundation.org/Disorder/agenesis-of-thecorpus-callosum



Diagnosis: Colpocephaly

#### **What This Means:**

When the back part of the brain's fluidfilled spaces (*ventricles*) is enlarged. Often associated with other brain abnormalities.



#### **After Birth, You Can Expect:**

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#### **Treatment Options**

- Observation
- Surgery

#### Long Term Follow-up

- Follow-up in outpatient neurosurgery clinic
- Ongoing monitoring and neurodevelopment support
- Outpatient neurology consult

#### Where to Deliver:

- Delivery at a hospital with a pediatric neurosurgeon is recommended
- Vaginal delivery is usually appropriate

#### **Resources:**

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